



EUROPE AYURVEDA ACADEMY

ONLINE LIVE EDUCATION

www.europeayurvedaacademy.org

Third Year (Ayurveda Practitioner) – Teaching Schedule 2026–2027



*** SUBJECT TO CHANGES**

Timings: 1500hrs–1700hrs CET (Paris time) | 6:30–8:30pm IST – Summer | 7:30–9:30pm IST – Winter

DATE	TOPICS / Treatment Protocols	PROFESSOR/DR.'S
12-09-2026	KAYA CHIKITSA – General Medicine Promotion of mental health Management of Psychological disorders like Insomnia, dementia – Chikitsa	Dr.
13-09-2026	Depression, Anxiety neurosis – Chikitsa	Dr.
19-09-2026	Alzheimer's, Multiple sclerosis – Chikitsa	Dr.
20-09-2026	Epilepsy and its Chikitsa	Dr.
26-09-2026	Bhrama – Giddiness, MADA Intoxication and Murcha – Syncope	Dr.
27-09-2026	Sanyanasa (Unconsciousness) and Unmada (Insanity) – Management	Dr.
03-10-2026	Management of Agnimandhya, Amlapitta	Dr.
04-10-2026	Management of Annadrave soola. Parinama soola – Gastric and Duodenal Ulcers	Dr.
10-10-2026	Management of Athisara & Pravahika	Dr.
11-10-2026	Management of Autoimmune disorders. Grahini – IBS – Irritable Bowel Syndrome, Crohn's disease and Ulcerative Colitis	Dr.
17-10-2026	Management of Amavata (Rheumatoid arthritis)	Dr.
18-10-2026	Management of Sandhivata (Osteoarthritis)	Dr.
24-10-2026	Management of Vata Raktha (Gout arthritis)	Dr.
25-10-2026	Management of lifestyle disorders – Diabetes (Prameha)	Dr.
07-11-2026	Management of Hypertension and Ischemic Heart Disease	Dr.
08-11-2026	Management of Obesity (Sthoulya) and Anorexia	Dr.
14-11-2026	Ayurvedic approach of Arbudha (Cancer) – prevention and treatment of different cancers	Dr.
15-11-2026	Jwara Chikitsa (Fever) in different diseases	Dr.
21-11-2026	Kasa chikitsa (Cough) in different Respiratory system	Dr.
22-11-2026	Panduroga, Sopha Chikitsa (Anaemia and Swellings)	Dr.
28-11-2026	Kushta, Svitra and Krimi Chikitsa (Skin treatments)	Dr.
29-11-2026	Vata Vyadhi Chikitsa	Dr.
05-12-2026	Rakta Pitta chikitsa – Bleeding disorders and treatment	Dr.
06-12-2026	Mutrakrichacha – chikitsa – Renal inflammation and Cystitis	Dr.
12-12-2026	Mutraghata – Prostate and Renal stones	Dr.
13-12-2026	Galaganda, Gandamala – Thyroid diseases – Chikitsa	Dr.

19-12-2026	Granthi – Lymphadenitis in different diseases – Chikitsa	Dr.
20-12-2026	RASAYANA CHIKITSA – Definition and types	Dr.
26-12-2026	Vatatapika Rasayana and its application today	Dr.
27-12-2026	Day to day consuming Rasayana yoga based Ahara Rasayana	Dr.
02-01-2027	Rasayana chikitsa for Life Style disorders	Dr.
03-01-2027	Rasayana bheda and their application methods today	Dr.
09-01-2027	Shukra vridhhi kara yoga	Dr.
10-01-2027	Shukra sthambahana yoga	Dr.
16-01-2027	Garbha sthapana Rasayana	Dr.
17-01-2027	Significance and importance of Rasayana and Vajeeekarana in Ashtanga Ayurveda	Dr.
23-01-2027	Day to day consumption of Vajeeekarana yoga	Dr.
24-01-2027	Vajeeekarana and its application to present day conditions	Dr.
06-02-2027	GYNAECOLOGY – Introduction and terminology Sree janana-anga vikriti (formation of female genital tract)	Dr.
07-02-2027	Beeja bhaga dushti – Congenital deformities of uterus	Dr.
13-02-2027	Artavanirukti – Rajapravriti (formation of Rajas), dhaturupa artavopati – ovarian hormones, bheejatupa arthavopathi	Dr.
14-02-2027	Rituchakra & menstrual cycle – ritu, kal, rituvyatitakal, rajasvalaparicharya	Dr.
20-02-2027	Mechanism of Menstruation & Menstrual blood, Ovarian cycle, Uterine & cyclic changes in Vagina & cervix	Dr.
21-02-2027	Rajapravriti – mechanism of puberty and applied aspects	Dr.
27-02-2027	Arthava kshaya – Hypomenorrhea – mechanism. Home remedies and Herbal preparations	Dr.
28-02-2027	Rajonivritti – Menopause – mechanism, Symptoms, Treatment & home remedies	Dr.
06-03-2027	Arthava dushti, types	Dr.
07-03-2027	Anartava – causes, swabhavika, sroviddhata, yonivyapat, yonirogas causing anartava, raktarbudha leading to anartava. Home remedies & treatments	Dr.
13-03-2027	Amenorrhoea – classification, Examination, Investigations	Dr.
14-03-2027	Management of Amenorrhoea	Dr.
20-03-2027	Comprehensive History Taking in Gynecology and Approach to Infertility Workup	Dr.
21-03-2027	Case-Based Discussion on Panchakarma Therapy in Gynecological Disorders	Dr.
27-03-2027	Kashtarva – Dysmenorrhoea, classification, symptoms, Investigation and Management	Dr.
28-03-2027	Raktapradhara – cause, clinical features & Ayurvedic remedies	Dr.
ASSIGNMENT		
03-04-2027	Menorrhagia, metrorrhagia – DUB Investigation and Management	Dr.
04-04-2027	Yoni vyapat – part 1	Dr.

10-04-2027	Yoni vyapat – part 2	Dr.
11-04-2027	Yoni vyapat – part 3	Dr.
17-04-2027	Vandhya – Female infertility – causes, types	Dr.
18-04-2027	Investigations and management of infertility	Dr.
24-04-2027	Garbhadhan samskar, preconceptional care in Ayurveda	Dr.
25-04-2027	Antenatal care in Ayurveda, treatments of common ailments during pregnancy	Dr.
01-05-2027	Postnatal care in Ayurveda, home remedies	Dr.
02-05-2027	Stana Roga types – Symptoms	Dr.
08-05-2027	Sthanik chikitsa (local vaginal treatments) in Ayurveda – douch, pich, uttarvasti, ksharakarma & practical applications	Dr.
09-05-2027	KAUMARA BHRITYA – PAEDIATRICS Ayurvedic drug doses according to age, weight in children	Dr.
15-05-2027	Vyadhikshamatva: General concepts of Bala (Immunity) and methods of immune enhancing in children	Dr.
16-05-2027	Behavioural Disorders of Children, management and counseling: Breath holding spell, Shayyamutra (Bed wetting) – Management	Dr.
22-05-2027	Unmada, Autism, ADHD (Attention Deficit management)	Dr.
23-05-2027	Hyperactive Disorders, Jadatwa (Mental retardation)	Dr.
05-06-2027	Ayurvedic approach of growth and development issues and genetic disorders in children like cerebral palsy	Dr.
06-06-2027	Down's syndrome etc. – Management in Ayurveda	Dr.
12-06-2027	Balagraha – Part one	Dr.
13-06-2027	Balagraha – Part two	Dr.
19-06-2027	Case Studies of any diseases – Discussions	Dr.
20-06-2027	Case Study of any diseases – Discussions	Dr.
FINAL EXAM	Exam results and Certificates will be issued in India	Dr.
Sept-02-2027 (Tentative)	India trip	