



EUROPE AYURVEDA ACADEMY

ONLINE LIVE EDUCATION

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New Batch – Second Year (Ayurveda Clinical Therapist) Teaching Schedule 2026–2027

* SUBJECT TO CHANGES

Timings: 900hrs–1100hrs CET (Paris time) | 1:30–3:30pm IST – Winter | 12:30–2:30pm IST – Summer

DATE	TOPIC	PROFESSOR/Dr. 's	MODU LE
12-09-2026	Ayurvedic herbs -1. Introduction to seven Padartha of Dravyaguna Vijnana viz Dravya- Rasa- Guna- Virya- Vipaka- Prabhava and Karma	Dr.	5
13-09-2026	Dravya: Definition, panchbhoutikatwa. Classification	Dr.	
19-09-2026	Detailed knowledge of Gurvadi Guna & Paradi gunas	Dr.	
20-09-2026	Rasa: Definition, Meaning of 'Rasa' in various contexts. Shad Rasas (Madhura, Amla, Lavana, Katu, Tikta, and Kashaya), Panchabhautik constitution of Rasas, Ritu and shad rasa, Rasanurasayoh bheda, Lakshana (characteristics), Guna and Karma of shad Rasas, Kopana and Shamana of Dosha and dushya by Shad rasas. Effects of excess usage of Rasa	Dr.	
26-09-2026	Vipaka: Definition, Types of Vipaka, Trividha, Guna and karma of Vipaka	Dr.	
27-09-2026	Veerya: Definition and Swarupa of Virya, Number of Virya (Dwividha), Virya karmani (Effects of Virya), General principles in determination	Dr.	
03-10-2026	Karma: Definition, nature and types of action	Dr.	
04-10-2026	Detailed Knowledge of important drugs for clinical practice: History of dravyaguna, English name, Botanical Name, Family, Classification of Dravya (Gana) as described in Charak and Sushrut, Useful parts, Important phytoconstituents, Rasa panchaka, Action on Dosha, Dhatu, Mala, Prayogarha vyadhi (therapeutic indications), Amayikaprayoga and Matra (Therapeutic administration and Dose)	Dr.	
10-10-2026	ROGANIDANA (PATHOLOGY) - Importance of Roganidhana	Dr.	6
11-10-2026	Samanya Nidana and Samanya Lakshana of Dosha Vriddhi, Kshaya and Prakopa	Dr.	
17-10-2026	Dhatu Kshaya Vriddhi Lakshana	Dr.	
18-10-2026	Mala Kshaya Vriddhi Lakshana	Dr.	
24-10-2026	Concept of Agni Dushti and Ama	Dr.	
25-10-2026	Doshagati and Rogmarga	Dr.	
07-11-2026	Detailed study of Srotas	Dr.	
08-11-2026	Definition, synonyms and classification of Vyadhi (disease)	Dr.	
14-11-2026	Basic knowledge of Hereditary, Congenital, Acquired, Multifactorial, Traumatic and Environmental disorders	Dr.	
15-11-2026	Introduction to ICD Classification of Diseases of WHO and DSM classification	Dr.	
21-11-2026	Samanyaja and Nanatmaja Vikara. NidanarthakaraVyadhi, Hetu Sankara, Lingasankara, Vyadhisankara, Vyadhi Awastha	Dr.	
22-11-2026	Definition and classification of Vyadhikshamatva - Immunity	Dr.	
28-11-2026	Nidana Panchaka Vigyana - Difference between Roga and Rogi Pariksha	Dr.	

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29-11-2026	Importance of Nidana Panchaka	Dr.	
05-12-2026	Definition, Synonyms and Classification - HETU	Dr.	
06-12-2026	PURVA RUPA, RUPA	Dr.	
12-12-2026	UPASHAYA SAMPRAPTI AND PROGNOSIS	Dr.	
13-12-2026	NADI PAREEKSHA - Basics	Dr.	
19-12-2026	PRAKRUTHI ASSESSMENT	Dr.	
20-12-2026	DOSHIK EXAMINATION	Dr.	
26-12-2026	The Five Diagnostic Criteria - part 1	Dr.	
27-12-2026	The Five Diagnostic Criteria - part 2	Dr.	
02-01-2027	Dasha vidha pareekasha - part 1	Dr.	
03-01-2027	Dasha vidha pareekasha - part 2	Dr.	
09-01-2027	Vata diseases	Dr.	
10-01-2027	Pitta diseases	Dr.	
16-01-2027	Kapha diseases	Dr.	
17-01-2027	Common life style disorders - Madhumeha (diabetes)	Dr.	
23-01-2027	Introduction to NADI, Panchamahabhutas, Subdoshas & Dhatus - Related to Nadi	Dr.	
24-01-2027	NADI-LEVEL-1, with demonstration & Practice	Dr.	
06-02-2027	Nadi Level 1&2 with demonstration and Practice	Dr.	
07-02-2027	NADI-LEVEL-2, with demonstration and Practice	Dr.	
13-02-2027	Nadi Level 3 with demonstration and practice	Dr.	
14-02-2027	Nadi Level 3&4 Demonstration and Practice	Dr.	
20-02-2027	Nadi Level-4 with Demonstration and Practice & Nadi 5	Dr.	
21-02-2027	Nadi all Levels - Final Diagnosis	Dr.	
27-02-2027	Sthoulya - Obesity	Dr.	
28-02-2027	Raktachapa - Hypertension	Dr.	
06-03-2027	Diseases of Manovaha Srotas (PSYCHOLOGICAL DISORDERS like Insomnia (Nidranasa) or dementia (Smrithi nasa))	Dr.	
07-03-2027	Depression, bipolar disorder, anxiety neurosis and Alzheimer's	Dr.	
13-03-2027	Allergic disorders (food allergy, allergic skin)	Dr.	
14-03-2027	Ambrosia, rhinitis and asthma	Dr.	
20-03-2027	Auto immune disorders like Amla pitta, Parinama Soola	Dr.	
21-03-2027	Grahani (Chron's disease, Irritable bowel syndrome, ulcerative colitis)	Dr.	
27-03-2027	Amavata & sandivata diseases	Dr.	
28-03-2027	Mutraghata roga nidana - diseases	Dr.	
03-04-2027	Jwara nidana - diseases	Dr.	8
04-04-2027	Kushta, svitra, Krimi nidana - diseases	Dr.	

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10-04-2027	Back aches and displacements	Dr.	
11-04-2027	Pathology of blood and Lymphatic disorders	Dr.	
17-04-2027	To improve agni and Hunger & nutrition & Influence of Food over mind and emotions	Dr.	
18-04-2027	Food during menstruation & Diet for young and old	Dr.	
24-04-2027	Obesity & food according to ayurveda	Dr.	
25-04-2027	Ayurveda herbs - part 2: single herbs explanation - Amlaki, guduchi, shatavari	Dr.	9
01-05-2027	Brahmi, Aswagandha, Haritaki	Dr.	
02-05-2027	Pippali, tila, nimba	Dr.	
08-05-2027	Draksha, nirgundi, asana	Dr.	
09-05-2027	Sunti, Marichi, Haridra, vidanga	Dr.	
15-05-2027	Arjuna, usira, Elaichi, jati, twakh	Dr.	
16-05-2027	THE AYURVEDIC PHARMACEUTICS - Bhaisajya Kalpana: Swarasa (EXPRESSED JUICE) - Ardraka swarasa, Tulasi swarasa, Kumari Swarasa, guduchi swarasa	Dr.	10
22-05-2027	Kalka (FINE PASTE) - Nimba kalka, Rasana kalka	Dr.	
23-05-2027	Kwatha (HERBAL DECOCTION) - Triphala Kwatha, dasamoola kwatha and trikatu kwatha	Dr.	
05-06-2027	Hima (COLD WATER INFUSION) - Yastimadhu, Dhanyaka hima	Dr.	
06-06-2027	Phanta (HOT WATER INFUSION) - Panchakola phanta, Yastimadhu Phanta. Preparation of Churna: Triphala choorna, Trikatu choorna, Sitopaladi Churna, Hinguwashta-ka Churna and talisadi choorna	Dr.	
12-06-2027	THERAPEUTIC PROCEDURES - PANCHAKARMA (PK): Netra tarpana & Karna purana	Dr.	11
13-06-2027	Katibasthi & Greevabasthi	Dr.	
19-06-2027	Uraha basthi & Janu - Demonstration and practice	Dr.	
20-06-2027	Sirodara practice	Dr.	
FINAL EXAM		Dr.	